

**Student-Athlete Handbook**  
Ball State University  
2019-20





## BALL STATE UNIVERSITY STUDENT-ATHLETE HANDBOOK

pressure, poorly controlled diabetes, pre-eclampsia, etc.)  
If the student-athlete decides to compete after counsel from OB/GYN and team physician, a waiver must be signed outlining the athlete's understanding of the risks of participation to her and her baby. The NCAA permits a one-year extension of the five-year period of eligibility for a female student-athlete due to pregnancy.

The student-athlete is required to attend all regular check-ups with OB/GYN and may also consult with team physician as necessary. Following delivery, or termination, medical clearance by team physician and OB/GYN most familiar with student-athlete's condition must be obtained to ensure a safe return to athletics. Counseling services may be set up on request from the student-athlete as needed, or at the urging of physicians and athletic trainer, both pre- and post-delivery.

### **Transgender Policy**

In 2011, the NCAA's Office of Inclusion, "to provide guidance to NCAA athletic programs about how to ensure transgender student-athletes fair, respectful, and legal access to collegiate sports teams based on current medical and legal knowledge," provided best practices and policy recommendations for member institutions, as well as guidance for implementing those policies.

Any transgender student-athlete who is not taking hormone treatment related to gender transition may participate in sex-separated sports activities in accordance with his or her assigned birth gender.

- A trans male (FTM) student-athlete who is not taking testosterone related to gender transition may participate on a men's or women's team.
- A trans female (MTF) transgender student-athlete who is not taking hormone treatments related to gender transition may not compete on a women's team.

The participation of FTM and MTF student-athletes who are currently undergoing hormone treatments is treated differently.

- A FTM student-athlete who has received a medical exception for treatment with testosterone for diagnosed Gender Identity Disorder or gender dysphoria and/or Transsexualism may compete on a men's team, but is no longer eligible to compete on a women's team without changing the team status to a mixed team. A mixed team is only eligible to compete for men's championships.



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- A MTF student-athlete being treated with testosterone suppression medication for Gender Identity Disorder or gender dysphoria and/or Transsexualism may continue to compete on a men's team, but may not compete on a women's team without changing it to a mixed team status until completing one calendar year of documented testosterone-suppression treatment.

### **EQUAL OPPORTUNITY AND AFFIRMATIVE ACTION POLICY**

1. Ball State University provides equal opportunity to all students and applicants for admission in its education programs, activities, and facilities without regard to race, religion, color, sex (except where sex is a bona fide qualification), sexual orientation, physical or mental disability, national origin, ancestry, or age.

2. Ball State University provides equal opportunity to all employees and applicants for employment in its recruitment, hiring, retention, promotion, tenure, transfer layoff, return from layoff, training, and other employment decisions and in its compensation and benefits programs without regard to race, religion, color, sex (except where sex is a bonafide occupational qualification), sexual orientation, physical or mental disability, national origin, ancestry, age, or citizenship (for U.S. citizens and protected lawfully-admitted aliens).

3. The University also takes affirmative action to employ and advance minorities, women, qualified disabled persons, and qualified disabled veterans and veterans of the Vietnam era. Information concerning the University's affirmative action programs can be obtained from the Office of University Compliance, Ball State University, and Muncie, IN 47306.

4. Each line administrator is responsible for ensuring that educational and employment decisions are made and implemented in accordance with the University's equal opportunity and affirmative action policy. All persons involved in the decision-making process, including members of faculty and other employee committees, shall act in a nondiscriminatory manner. The Office of University Compliance is responsible for developing, coordinating, and implementing policies and procedures for institutional compliance with all applicable federal and state equal opportunity laws and regulations and for preparing and monitoring compliance with required affirmative action programs.